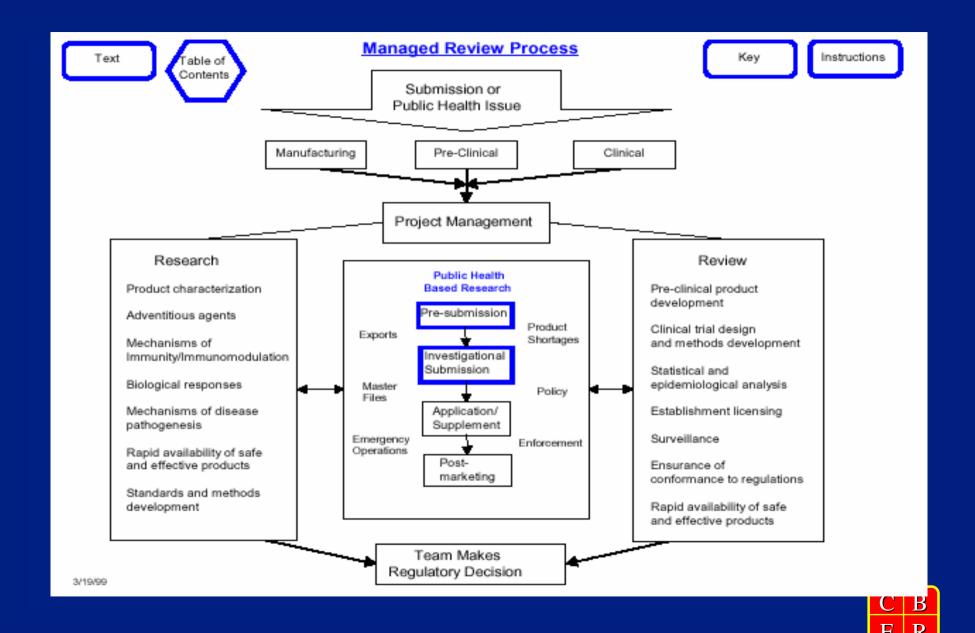


# The Investigational New Drug (IND) Process

**An Overview** 





# What is an Investigational New Drug Exemption (IND)?

- Only approved drugs may be shipped interstate
- Therefore, an application for an exemption to the law is required in order to ship an unapproved biologic (interstate) for the purpose of conducting clinical investigations of that biologic (drug).



## **IND Regulatory Authority**

#### BIOLOGICS

- Investigational New Drug Exemptions (IND, 21 CFR 312)

#### EXAMPLES

- Vaccines and allergenic products
- Therapeutic biologics, e.g., interferon
- Blood Products (including blood grouping reagents and donor screening tests for bloodborne pathogens)
- Cellular & gene therapies, xenotransplantation)



#### Who Submits a IND?

- Sponsor
  - Commerical, e.g., drug company
  - Research, individual physician
- Generally requests a Pre-IND meeting with FDA get feedback on overall study.



## What is in an IND?

- Form FDA 1571(cover sheet) or CTD format
- Sponsor Information
- Investigator information (Form 1572)
- Product/Manufacturing safety information
- Pre-clinical studies (pharm/tox)
- Proposed clinical studies (Phase I or II or III)
- Labeling



## IND – Product/Manufacturing Information

- Source material / raw materials
- Manufacturing process and controls
- Formulation
- Contamination/cross-contamination information
- Environmental assessment or categorical exclusion



## PHASE 1

- Initial introduction into humans (5-20)
- Dose ranging
- Closely monitored
- Safety, pharmacokinetics
- Activity



#### PHASE 2

- Controlled clinical trials
- Effectiveness (preliminary)
- Closely monitored
- Relatively small numbers (100's)



## PHASE 3

- Evaluate risk-benefit relationship
- Larger studies (100's 1000's)
- Controlled
- Pivotal



## Responsibility of Sponsors

- Selected qualified investigators
  - "shall select only investigators qualified by training and experience as appropriate experts"
- Provide information needed to properly conduct the study (Investigator Brochure)
- Ensure proper study monitoring



## Responsibility of Sponsors

- Ensure the study is in accordance with the general investigational plan
- Ensure that FDA and all participating investigators are promptly informed or significant new adverse effects or risks.



## Responsibility of Investigators

- Follow the study protocol
- Control of distribution/use of the drug
- Record keeping and retention
- Reports
- Assurance of IRB review



## **Human Subject Protection**

 Except as provided in 50.23 and 50.24, no investigator may involve a human being as a subject in research covered by these regulations unless the investigator has obtained the legally effective informed consent.



## **Human Subject Protection**

- Sufficient opportunity for the subject to consider whether or not to participate
- Minimize the possibility of coercion or undue influence
- Information in language understandable to the subject
- No exculpatory language... to waive legal rights... or to release the investigator... from liability for negligence.



## Responsibilities of the Institutional Review Board (IRB)

- Assures risks to subjects are minimized and reasonable
- Selection of subjects is equitable
- Informed consent will be sought and adequately documented



#### Clinical Hold – Phase 1

- Subjects exposed to an unreasonable and significant risk of illness or injury
- Clinical investigator is not qualified
- Investigator's Brochure is misleading, erroneous or materially incomplete
- IND does not contain sufficient information to assess risk



## Clinical Hold – Phase 2 or 3

- All the Phase 1 reasons
- Protocol is clearly deficient in design to meet its stated objectives



#### **Treatment IND**

- Serious or immediately life threatening disease
- No comparable or alternative therapy
- Actively pursuing market approval
- File safety reports
- Maintain adequate manufacturing facilities
- Begin after FDA approval



## **Emergency Use IND**

- Can be by phone
- Must otherwise comply with IND regulations
- Generally follow-up by submitting an IND

